



# Grinstead, Pierce & Associates

Real Solutions to Fit Your Needs

Missed appointment policy –

If you miss 3 appointments without calling/cancelling you will be terminated from our office. Your signature below acknowledges that you are aware of this office policy

\_\_\_\_\_

Patient or guardian signature

\_\_\_\_\_

Date



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Due to a policy required by insurance companies our office must keep a **release or denial** for your current medical doctor in your file. Please sign the attached release if you like us to be able to speak to or send a summary to your medical doctor. If you choose not to sign it please "X" across the sheet, write decline and sign the bottom left side and date.





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## Intake Form

Please provide the following information and answer the questions below. Please note: *information you provide here is protected as confidential information.* Please fill out this form and bring it to your first session.

### Patient Information

Patient Name:

\_\_\_\_\_ (Last) (First) (Middle Initial)

*\*If under 18 years old - Name of parent/ guardian of patient:*

\_\_\_\_\_ (Last) (First) (Middle Initial)

Patient Social Security # \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Birth Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age: \_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip

Mailing address if different from above: \_\_\_\_\_

Home Phone: ( ) May we contact you or leave a message?  Yes  No  
Cell/Other Phone: ( ) May we contact you or leave a message?  Yes  No  
E-Mail: \_\_\_\_\_ May we email you?  Yes  No

**\*\* Please note: Email correspondence is not considered to be a confidential medium of communication.**

If no contact is requested, please explain: \_\_\_\_\_

I was referred by: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Emergency Contact for patient: \_\_\_\_\_ ( )  
First and last name Relationship Phone Number

### Insurance Information:

Policy Holder Name: \_\_\_\_\_ Birth date: \_\_\_\_\_

Address (if different from client) \_\_\_\_\_

Medical Insurance Company \_\_\_\_\_ Employer \_\_\_\_\_

EAP/Mental Health Company (if different from above) \_\_\_\_\_

Insurance ID number or Social Security Number (if EAP or Private Pay): \_\_\_\_\_

Relationship to Client \_\_\_\_\_

Is there secondary insurance? \_\_\_\_\_

**Please complete if client is a minor:**

Father's Name \_\_\_\_\_ Social Security Number \_\_\_\_\_

Father's Address \_\_\_\_\_ Phone Number \_\_\_\_\_

Employer \_\_\_\_\_ Date of Birth \_\_\_\_\_ Work Phone \_\_\_\_\_

Mother's Name \_\_\_\_\_ Social Security Number \_\_\_\_\_

Mother's Address \_\_\_\_\_ Phone Number \_\_\_\_\_

Employer \_\_\_\_\_ Date of Birth \_\_\_\_\_ Work Phone \_\_\_\_\_

List name and phone number of Primary Care Physician (PCP): \_\_\_\_\_

By signing below, **I AUTHORIZE THE RELEASE OF INFORMATION** necessary to process my insurance/ EAP/ managed care/ DDS claim and **I ACKNOWLEDGE FINANCIAL RESPONSIBILITY** for this account.

CLIENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

AUTHORIZED SIGNATURE FOR A MINOR \_\_\_\_\_ DATE \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

**PRESENTING PROBLEM:**

I am seeking help for (please check all that apply):

- Anxiety                       Alcohol problem                       Depression                       Domestic violence/Abuse
- Drug problem                       Gambling problem                       Trauma/Abuse                       Job problems
- Legal problems                       Relationship problems                       School problems                       Not sure     Other

Brief description: \_\_\_\_\_

Impact on functioning: \_\_\_\_\_

**BACKGROUND INFORMATION**

**IDENTIFICATION:**

Currently:    Never Married     Domestic Partnership     Married     Separated     Divorced     Widowed

If applicable, how long have you been in your current relationship?    \_\_\_\_\_ Months    \_\_\_\_\_ Years

On a scale of 1 – 10, circle satisfaction with current relationship: *(low satisfaction)* 0   1   2   3   4   5   6   7   8   9   10 *(high satisfaction)*

Please give name, age and sex for each of your children:

No children

Name of each child:					
Age:					
Sex:					
Biological:					
Step-child:					
Custody status:					

Race/Ethnicity: \_\_\_\_\_  I choose not to answer

Do you believe anything in your cultural background would create a barrier to treatment?    Yes    No

Brief description: \_\_\_\_\_

Do you consider yourself to be spiritual or religious?    No     Yes, Religion/Belief: \_\_\_\_\_

Gender:    Male    Female    Androgynous    Gender neutral    Transgender    Other    Prefer not to answer

**HISTORY OF PRESENTING PROBLEM:**

What significant life changes or stressful events have you experienced recently: \_\_\_\_\_

\_\_\_\_\_

Mild = Impacts quality of life, but no significant impairment of day-to-day functioning  
 Moderate = Significant impact on quality of life and/or day-to-day functioning  
 Severe = Profound impact on quality of life and/or day-to-day functioning

**\*Symptoms unchecked will be considered not applicable.**

Patient's <i>current</i> symptoms. Please check <input type="checkbox"/> all that apply:	Mild	Moderate	Severe	Symptoms continued. Please check <input type="checkbox"/> all that apply:	Mild	Moderate	Severe
Aggressive behaviors				Laxative/diuretic abuse			
Agitation/Irritability				Lightheaded			
Anger				Loss of touch with reality			
Anorexia				Low esteem			
Anxiety (generalized)				Mood swings			
Appetite disturbance				Muscle tension			
Bingeing/purging				Nausea			
Circumstantial symptoms				Nightmares			
Conduct problems				Obsessions/Compulsions			
Delusions				Oppositional behavior			
Depressed mood				Overly talkative			
Perception/sensations of world seems unreal				Panic attacks			
Difficulty making decisions				Paranoid thinking			
Dizziness				Phobias (fears)			
Elevated mood (Mania)				Poor hygiene			
Elimination (toileting) disturbance				Psychomotor retardation			
Emotionality				Related medical conditions			
Fatigue/low energy				Restlessness			
Feeling of choking				Seeking excessive pleasure			
Flashbacks				Self-mutilation			
Racing/Rapid thoughts				Sexual dysfunction			
Forgetfulness				Significant weight gain/loss			
Grief				Sleep disturbance			
Guilt				Social isolation			
Hallucinations				Somatic complaints			
Hopelessness				Tremble or shake			
Hyperactivity				Trouble concentrating/Distractibility			
Impulsiveness				Trouble with daily living activities			
Intrusive thoughts				Worthlessness			
Invincibility							

**\*Symptoms unchecked will be considered not applicable.**



**MEDICAL CONDITIONS & HISTORY:**

How would you rate your current physical health?  GOOD  FAIR  POOR

**Medical History:** In the section below, identify if there is a history of any of the following:

Medical health history. Please check <input type="checkbox"/> all that apply:	Self (Patient)	Mother	Father	Siblings	Maternal Grandparents	Paternal Grandparents	Maternal Aunts/Uncles	Paternal Aunts/Uncles
Allergic reaction								
Alzheimer's								
Birth defects								
Cancer								
Diabetes								
Heart disease								
High blood pressure								
Obesity								
Stroke								
Thyroid problems								
Tobacco use								
Tuberculosis								
Chronic pain								
Other* chronic or serious health issue								

If other\*, please provide any important information or history:

---



---

Please describe any significant illnesses, hospitalizations or accidents you have had:

---



---

Please list any specific health problems you are currently experiencing: \_\_\_\_\_

---



**CURRENT MEDICATION:**

Please provide a current list/copy of all medications or complete the following:

Have you ever been *prescribed psychiatric* medication? No Yes if yes, please list information:

Medication	Dosage	Frequency	Reason	Prescribing Doctor

Are you currently taking any prescription medication? No Yes if yes, please list information:

Medication	Dosage	Frequency	Reason	Prescribing Doctor

**SUBSTANCE USE/ABUSE:**

How often do you engage in recreational (illicit/non-prescribed) drug use?

- Never
- Infrequently
- Monthly
- Weekly
- Daily

**SOCIAL HISTORY:**

My social support system is:  a supportive network  few or no friends  substance abuse friends  distant from family of origin

My living/housing situation is:  Adequate  Overcrowded  Homeless  Dependent on others  Dangerous/deteriorating  Living companion(s) are dysfunctional

My financial situation includes:  No problems  Large indebtedness  Poverty or below-poverty income  Impulsive spending  Relationship conflicts over finances

Sexual orientation?  Bisexual  Gay  Lesbian  Straight/Heterosexual  Other  Prefer not to answer

Are you currently sexually active?  Yes  No  I use protection/birth control Sexually  Satisfied  Dissatisfied

**EDUCATIONAL/OCCUPATIONAL HISTORY:**

Current Employment:  Full-time  Part-time  Unemployed  Volunteer work  Homemaker  Student

Current or highest education level completed: K 1 2 3 4 5 6 7 8 9 10 11 12  GED

Some college  College degree completed: \_\_\_\_\_  Other: \_\_\_\_\_

Current School or College (if applicable): \_\_\_\_\_

Grades achieved were:  GOOD  FAIR  POOR

Name of Employer (if applicable) \_\_\_\_\_

On a scale of 1 – 10, circle current job satisfaction: (low satisfaction) 0 1 2 3 4 5 6 7 8 9 10 (high satisfaction)

Describe the work you do: \_\_\_\_\_

Length of employment: \_\_\_\_\_

Relationship with co-workers(s):  GOOD  FAIR  POOR

Relationship with Supervisor(s):  GOOD  FAIR  POOR

Do you enjoy your work? Is there anything stressful about your current work? \_\_\_\_\_

Served in military  no-incident  with incident Branch \_\_\_\_\_

**LEGAL HISTORY:**

Have you ever been arrested?  No  Yes – if yes, please provide details:

Arrest(s) NOT substance related, how many times? \_\_\_\_\_  Non-violent offense  Violent offense

Arrest(s) substance related, how many times? \_\_\_\_\_

I am currently on probation/parole

I am currently in drug court

My charge was related to a domestic violence offense

I have served time in jail/prison. Total time served? \_\_\_\_\_

**STRENGTHS:**

What do you consider your strengths? \_\_\_\_\_

**LIMITATIONS:**

What do you consider your Limitations? \_\_\_\_\_

What would you like to accomplish or set as a goal(s) to achieve in therapy? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

As the therapist, I have reviewed and discussed the information provided by the client above and I have clarified information and requested additional details when necessary to provide therapy.

\_\_\_\_\_  
Therapist signature

\_\_\_\_\_  
Therapist printed name



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## APPOINTMENTS

The therapy session will be 45-55-minute session (one appointment hour). **Once an appointment hour is scheduled, you will be expected to pay for a late cancellation unless you provide 24 hours advance notice of cancellation [unless we both agree that you were unable to attend due to circumstances beyond your control].\* It is important to note that insurance companies do not provide reimbursement for cancelled sessions\***

You will be responsible for \$50 for the first missed appointment and \$105 for any subsequent missed appointments. If this is a continuing pattern, your care may be discontinued in our clinic and we would provide you with referrals to other mental health clinics.

If patient is a Medicaid patient by state law we cannot charge for missed appointments. If a Medicaid patient no shows for an appointment they will be eligible to be discharged from therapy services and a referral will be provided to other mental health professionals.

We make every effort to make reminder calls, texts, or email if you give us permission and provide the valid information. However, reminder calls are a **courtesy**. We are not responsible in the event that you do not receive your reminder call, text, or email for any reason. Not receiving a reminder call regarding an appointment **does not** absolve your responsibility in terms of our missed appointment / no show policy.

The patient is responsible for contacting the office with any changes in phone numbers, addresses, insurance information, and legal issues pertaining to minor children.

**YOUR SIGNATURE BELOW INDICATES THAT YOU HAVE RECEIVED THIS AGREEMENT AND READ THIS AGREEMENT AND ARE CONSENTING TO TREATMENT WITH GRINSTEAD, PIERCE AND ASSOCIATES. IT ALSO INDICATES THAT YOU AGREE TO THE TERMS AND ALSO SERVES AS AN ACKNOWLEDGEMENT THAT YOU HAVE RECEIVED THE HIPAA NOTICE FORM DESCRIBED ABOVE.**

**We require any one 14 and older to sign this agreement. For all minors, 18 and younger, a parent/guardian must also sign.**

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
If Minor Signature of Parent/Guardian

\_\_\_\_\_  
Date



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## INFORMED CONSENT/WAIVER FOR NON-COVERED, NON-THERAPY, OR UNUSUAL SERVICES

We would like you to know that not all services we provide are covered by insurance, and we would like you to be aware of our policies regarding these services. We will do our best to remind you if we receive a request to provide any services of this nature. We will not release any information without proper signed releases of information from all parties involved in therapy. We may also request that you sign a separate consent for certain specific services.

Some specific examples of non-covered services include but *are not* limited to:

- Preparation for any services requested in regard to litigation
- Testimony in court and time spent waiting to testify or present requested information.
- Deposition for any litigation
- Reports in regard to any litigation
- Any services in response or regard to litigation
- Any fees associated with protecting your medical record including but not limited to:
  - Filing a motion to quash a subpoena
  - Letters (to attorney, school, law enforcement, DHS and others)
  - Reports (conciliation, school, etc.)
  - Meeting with attorneys and others
  - Associated travel for any non-covered services
  - School staffings, meetings with teachers and other school personnel, etc.
  - Conciliation
  - Specific phone consultations that do not include therapy
  - Requested medical records, summaries, reports, etc.
- Time blocked out for anything on this list (even if it is cancelled within 24 hours)**

**SERVICES IN REGARD TO LITIGATION: WE REQUIRE PREPAYMENT IN FULL FOR ANY SERVICES IN REGARD TO LITIGATION. FEES FOR THESE SERVICES ARE \$200.00 PER HOUR. When possible, we will provide you with an estimate regarding costs for these services.**

I understand that I will be billed for the therapist’s time and I acknowledge responsibility for paying for these services in full.

\_\_\_\_\_  
Signature of client or guardian

\_\_\_\_\_  
Date signed

Print client name: \_\_\_\_\_



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## ADDENDUM TO CONSENT FOR COUPLES OR FAMILY OR GROUP THERAPY

When there is more than one person in the room with the healthcare professional there is a "limit of confidentiality." Anyone in the room could choose to speak about the session to outsiders. Although all parties should treat information shared as confidential, it is equally important that all parties involved know that confidentiality is limited.

Parents, by signing below, you are consenting to being quoted or discussed in your children's psychotherapy notes, intake or history.

Further, if any one of the parties requests copies of the chart it will require the signature of all parties that signed the original "informed consent" before any information will be released.

To maintain and protect the therapeutic process, I ask that you sign below. By signing you are also agreeing to not ask for records of these group/couple/family sessions to be released for any legal/litigation purposes.

\_\_\_\_\_

Print name

\_\_\_\_\_

Signature

Date

\_\_\_\_\_

Print name

\_\_\_\_\_

Signature

Date

\_\_\_\_\_

Print name

\_\_\_\_\_

Signature

Date

\_\_\_\_\_

Print name

\_\_\_\_\_

Signature

Date

\_\_\_\_\_ declined to sign this addendum on this date: \_\_\_\_\_

\_\_\_\_\_ Therapist initials



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## HIPAA OMNIBUS RULE

### PATIENT ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES AND CONSENT/ LIMITED AUTHORIZATION & RELEASE FORM

You may refuse to sign this acknowledgement & authorization. In refusing we may not be allowed to process your insurance claims.

Date: \_\_\_\_\_

The undersigned acknowledges receipt of a copy of the currently effective Notice of Privacy Practices for this healthcare facility. A copy of this signed, dated document shall be as effective as the original.

**MY SIGNATURE WILL ALSO SERVE AS A PHI DOCUMENT RELEASE SHOULD I REQUEST TREATMENT BE SENT TO OTHER ATTENDING DOCTOR / FACILITIES IN THE FUTURE.**

\_\_\_\_\_  
Please **print** name of Patient

\_\_\_\_\_  
Please **sign** for Patient / Guardian of Patient

\_\_\_\_\_  
Legal Representative / Guardian

\_\_\_\_\_  
Relationship of Legal Representative / Guardian

Your comments regarding Acknowledgements or Consents: \_\_\_\_\_

HOW DO YOU WANT TO BE ADDRESSED WHEN SUMMONED FROM THE RECEPTION AREA:

First Name Only  Proper Sir Name  Other \_\_\_\_\_

PLEASE LIST ANY OTHER PARTIES WHO CAN HAVE ACCESS TO YOUR HEALTH INFORMATION:

(This includes step parents, grandparents and any care takers who can have access to this patient's records):

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

I AUTHORIZE CONTACT FROM THIS OFFICE TO **CONFIRM MY APPOINTMENTS, TREATMENT & BILLING INFORMATION** VIA:

- Cell Phone Confirmation
- Home Phone Confirmation
- Work Phone Confirmation
- Email Confirmation
- Any of the Above**

I AUTHORIZE **INFORMATION ABOUT MY HEALTH** BE CONVEYED VIA:

- Cell Phone Confirmation
- Home Phone Confirmation
- Work Phone Confirmation
- Email Confirmation
- Any of the Above**

In signing this HIPAA Patient Acknowledgement Form, you acknowledge and authorize, that this office may recommend products or services to promote your improved health. This office may or may not receive third party remuneration from these affiliated companies. We, under current HIPAA Omnibus Rule, provide you this information with your knowledge and consent.

#### Office Use Only

As Privacy Officer, I attempted to obtain the patient's (or representatives) signature on this Acknowledgement but did not because:

- It was emergency treatment \_\_\_\_\_
- I could not communicate with the patient \_\_\_\_\_
- The patient refused to sign \_\_\_\_\_
- The patient was unable to sign because \_\_\_\_\_
- Other (please describe) \_\_\_\_\_

\_\_\_\_\_  
Signature of Privacy Officer



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## MINOR CHILD CHECKLIST

DATE: \_\_\_\_\_

CHILD'S NAME: \_\_\_\_\_ APPT. DATE: \_\_\_\_\_

PARENT'S NAME(S): \_\_\_\_\_

If your child is adopted we will need adoption paperwork to verify custody

ARE YOU AND THE OTHER PARENT MARRIED SEPARATED DIVORCED

(IF MARRIED AND COMING TOGETHER, YOU CAN SKIP THE REST OF THIS CHECKLIST)

If divorced, we will need a copy of the decree at or before the 2nd session

What are the custody arrangements? JOINT CUSTODY PRIMARY CUSTODY

OTHER \_\_\_\_\_

Who will be attending the appointments? \_\_\_\_\_

We always encourage both parents to be involved in therapy for a child. Will you notify the other parent? YES NO \_\_\_\_\_

Is there litigation pending at this time? YES NO

**If yes understand that the therapist in not agreeing to be an expert witness or to testify at any deposition, court proceeding, or in any other way.**

If there is joint custody or any type of shared custody, it is our understanding that each parent has the ability to give their consent for medical treatment of a child unless the court has specified in the order that the consent of both parents is required. Each parent can know about all appointments and treatment of the child. If either parent calls our office to inquire about appointments or treatment, we are obligated to release that information. We will always encourage both parents to be involved in the treatment of a child. We will not take sides or be involved in any pending litigation. The therapists are not inclined to abandon the patient by a quick and clinically unwarranted termination of treatment because one of the parents is upset.



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Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

### Childhood Developmental History (Please complete if client is 18 years old or younger)

1). Please list any allergic reactions to things the client may have:

\_\_\_\_\_

2). List any significant injuries while growing up?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3). List any **past or present** serious health diseases? (chicken pox, whooping cough, pneumonia, etc..)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4). List any **past or present** chronic health problems (asthma, ear infections, etc.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5). List any hospitalizations and briefly explain the reason why?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6). Were developmental milestones met appropriately? Yes  No  (If No then identify what delays occurred):

\_\_\_\_\_  
\_\_\_\_\_



7). What type of social interaction does your child engage in?

- Normal       Isolates self       Very Shy       Alienates Self       Dominates others  
 Inappropriate Sex play       Associates with acting out peers       Other \_\_\_\_\_

8). Does your child have any intellectual / academic disabilities?

- Normal Intelligence       High Intelligence       Learning Problems       Underachieving  
 Authority conflicts       Attention conflicts       mild retardation       Moderate retardation  
 Severe Retardation       Other \_\_\_\_\_

9). Does or has your child exhibited any of the following emotional/behavioral problems? (Please check all that apply)

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> None           | <input type="checkbox"/> Repeats words of other | <input type="checkbox"/> distrustful            |
| <input type="checkbox"/> Drug use       | <input type="checkbox"/> Not trustworthy        | <input type="checkbox"/> extreme worrier        |
| <input type="checkbox"/> Alcohol abuse  | <input type="checkbox"/> hostile/angry mood     | <input type="checkbox"/> self-injurious acts    |
| <input type="checkbox"/> Chronic Lying  | <input type="checkbox"/> indecisive             | <input type="checkbox"/> impulsive              |
| <input type="checkbox"/> Stealing       | <input type="checkbox"/> immature               | <input type="checkbox"/> easily distracted      |
| <input type="checkbox"/> Violent temper | <input type="checkbox"/> bizarre behavior       | <input type="checkbox"/> poor concentration     |
| <input type="checkbox"/> Fire-setting   | <input type="checkbox"/> self-injurious threats | <input type="checkbox"/> often sad              |
| <input type="checkbox"/> Hyperactive    | <input type="checkbox"/> frequently tearful     | <input type="checkbox"/> breaks things in anger |
| <input type="checkbox"/> Animal cruelty | <input type="checkbox"/> lack of attachment     | <input type="checkbox"/> Assaults others        |
| <input type="checkbox"/> Disobedient    |   |   |
| <input type="checkbox"/> Other _____    |   |   |